

## NCCAP Newsletter January 2022



### From the CEO

Dear Activity Professionals,

Greetings and best wishes for a life-enriching New Year!

While the cloud of the pandemic continues to linger over us, we are filled with hope that health impacts are less severe. Regardless of symptoms, Federal and State requirements in response to new variants force our Activity Departments to again suspend social programs and visitations. As we already know, this can have a detrimental impact on the quality of life of our residents, our colleagues and ourselves.

At the same time, there is still cause to celebrate! This month includes National Activity Professionals Week. We honor all Activity Professionals who rely on their knowledge, skills, and experience to remain resilient. We pause to reflect on our calling to serve others, as expressed through the quality of person-centered care we provide. All our Activity Professionals, and especially our Activity Directors, should be acknowledged for rising to deliver life-enriching activity programming – a requirement that has never been suspended during the pandemic.

All of us at NCCAP remain united in our mission to enhance physical, mental and psychosocial well-being. Let us continue to stand and move forward together!

Sincerely,

Peter Illig



## Pioneer Network Presents a New Culture of Aging Conference!

NCCAP Board Secretary Penny Cook, President and Executive Director of Pioneer Network, has asked us to reach out to our NCCAP Activity Professionals with regards to the Pioneer Network upcoming conference.

Requests for proposals now open! The Pioneer Network Annual 'Pioneering a New Culture of Aging' conference will be held on July 24 – 27, 2022 at the Sheraton Downtown Denver in Denver, Colorado. These past few years have reinforced the value and need for being together; for networking, creating opportunities for communication, and learning with and from each other as we share innovative ideas and best practices. Pioneer Network's goal is to bring together individuals from across the United States and other countries who care deeply about changing the culture of aging and to make this event meaningful to people who support culture change in all settings within the elder care continuum. Consider submitting a proposal [HERE](#) or Save the Date to attend!

[How to Renew your NCCAP Certification](#)

#NAPWeek2022

# Activity Professionals Week



MONDAY  
January 24th

Facebook Live Q&A with the NAAP Board  
6:30PM EST

**\*\*Giveaway Prize\*\***  
NAAP Book Bundle  
(interact live to enter)

TUESDAY  
January 25th

How are you navigating the future? Interact on social media to share your thoughts!

WEDNESDAY  
January 26th

NAAP Webinar - State of the Activity Profession  
1:00PM EST OPEN TO ALL



**\*\*Giveaway Prize\*\***  
One Free NAAP Membership  
(all attendees will be entered to win)

THURSDAY  
January 27th

Facebook LIVE with NAPA UK 1:00PM EST

**\*\*Giveaway Prize\*\***  
Amazon Gift Cards  
(interact live to enter)

FRIDAY  
January 28th

Share your pictures from your weeks events with us #NAPWeek2022

**\*\*Giveaway Prize\*\***  
Amazon Gift Cards  
(interact live to enter)



#NAPWeek2022

naap.info

**An Exciting First-  
Join Together with our Friends Across the Pond for NAP Week-NAAP and NAPA are Navigating the Future Together!**

These past two years have emphasized more than ever the importance of connection and engagement. As we have navigated the many challenges of the COVID pandemic, we've found the same message over and over- we are the same. No matter where we are, our needs are the same and our challenges are similar. Embracing this message allows us to rely on the strengths, ideas, and support of others.

This increased communication and sharing of resources has strengthened our relations with Activity Professionals across the globe, creating more opportunities for collaboration and celebration. NAAP is excited to celebrate National Activity Professionals week with the National Activity Provider's Association (NAPA)! This will be a special week, with daily virtual or social media opportunities and activities to engage with NAPA and NAAP. Feel free to choose whichever activities best fit your schedule. After all, variety is the spice of life! Check out NAP Week details [HERE](#).

As an Activity Professional, you are part of a vitally important profession that helps people live a life that is full of fun and meaningful activities. The holistic and person-directed approach to caring for our elders you provide is a sight to behold. You are the heart and spirit of your facilities. We encourage you to take a minute to acknowledge the great work you do and give yourself and your staff the credit deserved! Now as never before, attention is being directed concerning the care of our elder and disabled citizens, and greater attention also is directed to those who provide hands-on care. National Activity Professionals Week (NAPW) provides a timely opportunity to foster and showcase the wonderful things that Activity Professionals create. NAP Week is January 23-29, 2022. The NAPW theme and the theme of the Annual NAAP Conference is "Navigating the Future". Connect to NAPA's website [HERE](#).

Join us for a week of events, to celebrate Activity Providers and Professionals! In celebration of NAPA's 25th anniversary, we are excited to announce the UK's first ever National Activity Providers and Professionals Week!

The week is provided in partnership with NAAP (The National Association of Activity Professionals in the United States), Care England, NCF, and Scottish Care. We will celebrate NAPA's 25th Anniversary and launch NAPA's National Campaign for 2022 – The NAPA Year of Creativity. There will be a series of events across the week to celebrate and support Activity Providers; we welcome Activity Providers from the UK and the US to all the events which will culminate in an ABBA-solutely Fabulous online Party at 3pm GMT on Friday 28th January. We believe it is time to recognize all the incredible contributions Activity Providers make to activity and engagement and say an enormous thank you! Join us for a week of events, to celebrate Activity Providers and Professionals.

#### Care England

Purposeful activities are the foundation of good quality care and enable us to deliver personalized support and well-being to care home residents. Care England is delighted to be partnering with Napa to promote the National Activity Professional and Provider Week. Napa has developed fantastic resources for Activity Professionals, and the skills, knowledge, and support provided by Napa are instrumental in delivering high-quality care.

Professor Martin Green OBE Chief Executive: Care England

#### Scottish Care

Scottish Care is delighted to support the first National Activity Professional and Providers Week. When an individual requires support and care they need not only clinical and health supports to keep them well and healthy, but they also need support that enables them not to just survive but to live life to the fullest. The hundreds of activity professionals working across the country are an amazing group of women and men. It is they who through their creativity and ingenuity, through their skill and abilities, make such a difference to so many people in care homes and people who use supports in day and community settings. It is this workforce that works alongside older individuals and those with disabilities helping them to get in touch with their creativity, to learn new skills, and discover new abilities. They are individuals who deserve every bit of recognition we can give them.

Utilize the resources on the NAAP and NAPA websites to save time and jumpstart your week! The NAPA page has information on educational events, a roundtable discussion, a Facebook live event, and a virtual party. NAPA also has an opportunity for special appreciation certificates, a video contest, tee shirt design contest, celebration flyers, and Twibbons. NAAP has a planning guide centered around the theme "Navigating the Future" through activities, resources, art projects, spirituality, products & social media marketing tools. NAAP's Facebook page will have live discussions, a webinar, and prize drawings during the week. Take the extra opportunities for connection and engagement. After all, we are all striving to meet the same needs and are all working towards navigating the future. Happy NAP Week!



## National Exam...

When applying to take the national exam through NCCAP, the name you submit to NCCAP needs to match the name on your legal identification. When you go to the testing center or take the test remotely, the proctor will ask to see your legal identification such as a driver's license or passport. The name on this ID must match the name provided to Prometric by NCCAP.

All test applicants must have the following documents when taking the national exam, in person or remotely:

- Current ID (drivers license or passport) which has your legal name as has been submitted to the testing company.
- Printed copy of the approval letter which was e-mailed to candidate from Prometric. A copy on your phone will not be accepted.

All exam candidates receive a detailed "Do's and Don'ts" list with important details on how to successfully take the remote exam. Candidates also receive detailed instructions from the test company Prometric that must be followed when taking the exam remotely.

If any of the required conditions for remote testing are not met, the exam cannot be completed. When this happens, the testing company charges you to reschedule and you must pay another test fee.

### REMEMBER:

- Do not take the exam at work!
- Even if you use your personal computer, your Internet at work has security features that don't work with the testing company system. Your work has firewalls and security features that prevent the exam from being taken regardless of what computer you use.
- Even if you seek support from your technical department at work, the testing company system will still not work.
- If you still try to take the exam at work, have technical difficulties, and seek support from the testing company, these technical difficulties will not be resolved.
- Again, do not take the exam at work!

### PLEASE NOTE:

Your operating system must meet the requirements listed below. Before the test you are supposed to run a pre-scan to see if your computer will work.

#### Operating System

Windows 8.1 or higher | MacOS 10.13 or higher (\*note iPad/Android tablets are not currently supported. Microsoft Surface or similar can be used only when configured in laptop mode).

All Prometric testing centers are now open. Consider taking the National ADC Exam at a testing center to minimize the challenges of the remote exam. Please contact us with any questions: [info@nccap.org](mailto:info@nccap.org).



## Pioneer Network's "Listen, Learn, Explore"

Starting with the podcast, listeners will have an opportunity to hear unique insights on a variety of topics from thought leaders in the field of resident-directed care. Following the podcast, Pioneer Network invites listeners to register for an interactive program where they will have the opportunity to join others in a deeper, live conversation with the podcast guest speaker. We welcome you to connect to the podcast [here](#).



## Engagement Certifications

NCCAP's Memory Care Validation Certification Course is now available! Enroll now by going to <https://www.nccapacademy.org/validationmemorycare>

There are also several classes scheduled for the Montessori Home Engagement Course. Get more information at <https://www.nccapacademy.org/montessorihomeengagement>

Go to the new Facebook page "Engagement Powered by NCCAP" and check out the latest news regarding our courses for Engagement at <https://www.facebook.com/nccapengagement>

Go to NCCAP Academy



## NCCAP Certification

In 1986 the National Association of Activity Professionals (NAAP) created NCCAP as the official credential of the Activity Profession. Based on CMS F658, NAAP establishes Professional Standards of Practice and requiring the Modular Education Program for Activity Professionals (MEPAP) for NCCAP Certification. For over 30 years, NCCAP Certification has been the Gold Standard for life-enriching activities. NCCAP is the only certification that meets the credentialing standards of ICE and NCCA.

NCCAP offers the following Professional Certifications to meet Federal and State requirements:

1. ACTIVITY PROFESSIONAL CERTIFIED (APC)

APC ensures individuals who meet NCCAP standards have the knowledge and experience to work in long-term care and enhance quality of life through activities and engagement. The required curriculum is MEPAP-1 APC and must be renewed every 2 years with 20 CE hours.

**2. ACTIVITY DIRECTOR CERTIFIED (ADC)**

ADC is the NCCAP standard that ensures the competency to lead and direct an activities and life enrichment team and program. ADC requirements vary depending on education and work experience. The required curriculum is both MEPAP 1-APC and MEPAP 2-ADC, and an independently-administered National Exam. ADC must be renewed every 2 years with 30 CE hours.

**3. PROFESSIONAL EQUIVALENCY AND EXPERIENTIAL TRACK FOR ADC**

NCCAP offers a path to ADC for Allied Professionals who possess current AT-BC, MT-BC, COTA, CTRS, or OTR and is awarded based on passing the National Exam. Additionally, individuals with at least 10 years of experience in Activities and with at least 5 years currently in a management role can apply for ADC our Experiential Track that requires essay writing and the National Exam.

**4. ACTIVITY CONSULTANT CERTIFIED (ACC)**

Individuals who possess current ADC or related experience may obtain ACC to meet NCCAP standards to provide consulting services to an activity program, staff or department. ACC requirements vary depending on education, work experience, and passing the National Exam. ACC must be renewed every 2 years with 40 CE hours.

**5. ENGAGEMENT CERTIFICATIONS**

NCCAP offers a variety of shorter curriculums for certification in specific age-related settings and diagnoses:

Person-Centered Engagement (PCE)

Validation® Memory Care (VMC)

Montessori Dementia Engagement (MDE)

Montessori Home Engagement (MHE)

Adult Day Engagement (ADE) – coming soon

Assisted Living Engagement (ALE) – coming soon



**How to Renew your NCCAP Certification**

Want to learn more about how to renew? Check out the 'How to Renew Your Certification' Video.

It's important to make sure that your correct email is on file so that you receive an email link beginning 4 months before your certification expiration date. If you don't receive this email, please contact the NCCAP office to update your email. You will then be able to renew through the link sent to you from NCCAP via email.

NCCAP is now following an audit process for continuing education.

You will not need to upload your certificates of proof of continuing education clock hours to your online profile on the NCCAP website or mail to the office. If you are chosen for an audit, you will be sent an email within days of your renewal submission and at that time you will be instructed on how to send in your certificates.

**Please Note: When submitting CEs for renewal they must be within the 2 years of expiration date. For example, if expired on 12/1/2021, the CEs must be between 12/2019-12/2021.**

When your application for re-certification has been reviewed and approved you will receive your NCCAP certificate as a PDF via email. Contact the office if you wish to have a hard copy of your certificate for a nominal fee at [info@nccap.org](mailto:info@nccap.org)

[How to Renew your NCCAP Certification](#)

## Support our Professional Association

NAAP provides education, resources, and a voice in unison with NCCAP! NAAP membership is \$75 USD/year. Membership runs from the anniversary date for one year. Check out the membership form [here](#).

[Go to NAAP](#)



ACTIVITY PROFESSIONAL  
ASSOCIATION

ACTIVITY CREDENTIALING  
COUNCIL



NATIONAL CERTIFICATION COUNCIL  
FOR ACTIVITY PROFESSIONALS

*Enriching Lives Through Person-Centered Engagement*

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