Symposium
JUNE 21-23, 2018

HOLIDAY INN
5655 Greenwich Rd., Virginia Beach, VA, 23462

VIRGINIA BEACH, VIRGINIA

IT'S A NEW DAY!
SETTING STANDARDS OF EXCELLENCE FOR QUALITY OF LIFE THROUGH EDUCATION
NCCAP is at the forefront of quality of life and activity training and certification for the care of seniors. The NCCAP Symposium offers Certified Individuals opportunities to network and stay abreast of new trends in the Activity Profession. Join us on this special occasion as we move to new heights!

Dawn Worsley, President

NCCAP Symposium June 21 - 23, 2018

2017

2018

A Year In Review

with Dawn Worsley and Peter Illig

THURSDAY JUNE 21, 2018
1pm - 2pm

VENDOR SPOTLIGHT
Thursday, June 21, 2018
6:00pm - 7:00pm

WHITE TIE AFFAIR
Thursday, June 21, 2018
7:00pm - 10:00pm

NCCAP & NAAP
Friday, June 22, 2018 @ 7:30pm - 8:30pm

NCCAP OPEN HOUSE
Saturday, June 23, 2018 @ 2:00pm - 3:00pm

WWW.NCCAP.ORG
Vendor Spotlight

WHITE TIE AFFAIR

Come Dance the Night Away

DJ TUT will be spinning hits from the past and the present! You will also have the chance to earn your golden ticket to the NCCAP Open House!

We encourage everyone to wear their best white attire for the event!

Photos will be taken!
NCCAP Symposium Agenda

19 Clock Hrs

*Participants can earn up to 19 clock hrs of continuing education, by participating in all sessions. Dress for the symposium is business casual and in layers due to air conditioning

Thursday, June 21, 2018

Noon - 1:00pm  Registration
1:00pm - 2:00pm  A Year In Review
2:30pm - 4:30pm  The Power of Self Compassion
4:30pm - 4:45pm  Wrap Up
6:00pm - 7:00pm  Vendor Spotlight
7:00pm - 10:00pm  White Tie Affair

Friday, June 22, 2018

7:00am - 8:00am  Registration
8:00am - 9:30am  NCCAP Annual Business Meeting
9:45am - 11:45am  Federal Regulations and the Survey Process through the Eyes of a Surveyor
11:45am - 2:30pm  Buffet Lunch with Best Practices
12:30pm - 2:00pm  Maintaining Life Roles and Increasing Engagement through Montessori
2:15pm - 3:45pm  Concurrent Sessions: Dementia Related Behaviors /How to Start a Consulting Business
4:00pm - 5:30 pm  Concurrent Sessions: Generation Boom / Cognitive Programming and Memory Care
5:30pm - 6:00pm  Wrap up and Adjourn
6:00pm - 7:30pm  Dinner on Your Own
7:30pm - 8:30pm  NCCAP and NAAP 2018 and Beyond

Saturday, June 23, 2018

8:00am - 9:30am  Montessori Home Care with NCCAP and NAAP
9:45am - 11:15am  Mentoring for The Busy Activity Professional: How to Lead with Love
11:30am - 2:30pm  A Dose of Engagement Goes A Long Way
12:30pm - 1:00pm  Wrap Up and Adjourn
2:00pm - 3:00pm  NCCAP Open House & Block Party at the NCCAP office

WWW.NCCAP.ORG
NCCAP Session Descriptions

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Thursday, June 21, 2018

1:00pm - 2:00pm
A Year In Review
Presented By: and Peter Illig,Esq., CEO and Dawn Worsley,ADC /MC/EDU,MDEC, Board President
Providing updates on the organization, the profession as well as the climate of healthcare. This session will offer participants an opportunity to see the growth and the future of the credentialing body

2:30pm - 4:30pm
The Power of Self Compassion
Presented by Nancy Richards, ADC-MC, CDP, and Sherita Sparrow, ADC, CDP, CAP
Did you know “Stress” is considered the health epidemic of the 21st century? Stress interferes with our productivity, performance, and impact in relationships and home life. Let's reflect... Do you feel drained or overwhelmed by the growing demands and pressures of the workplace? Are you receiving unrealistic requests for bigger and better programs? Do you feel like you’re drowning in multi-tasking and meeting tight deadlines? If so, this session shares tips for setting healthy boundaries that honor YOU. You’ll explore techniques that are beyond the normal self-care practices. It’s time to reclaim your peace and a calm state of mind at work. So, get ready and get real about your “Self-care! You can’t take care of others without taking care of yourself FIRST!!!

Friday, June 22, 2018

9:45am - 11:45am
Federal Regulations and the Survey Process through the Eyes of a Surveyor
Presented by Dawn Worsley and Adam Sumney LSCW, State Surveyor
Presenting an insiders view of the survey process through the eyes of a Surveyor As a driver of enhanced educational standards we will review enhanced educational content that is delivered in our Modular Education Program for Activity Professionals and during our consultations with other activity professionals.
**NCCAP Session Descriptions**

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**Friday, June 22, 2018**

**12:30pm - 2:00pm**

Maintaining Life Roles and Increasing Engagement through Montessori<br>
Presented by Jennifer Brush

Montessori for Aging and Dementia is a philosophy of care which focuses on engaging the older adult in an environment that is adapted to support memory loss and sensory impairment and facilitate independence. As a result, older adults are empowered to care for themselves and others, make contributions to their community, and engage in meaningful activities. This course will provide a unique overview of how to incorporate Montessori for Aging and Dementia into aged care to improve dementia programs.

**2:15pm - 3:45pm**

**CONCURRENT SESSIONS**

**Dementia-Related Behaviors**<br>
Presented by Bailie Tinney-Hillman, OTR, CDP, CADDCT

Dementia-Related Behaviors: How to raise the B.A.R. Each of us can think of one, if not several, “difficult” residents. This course will help you understand dementia-related behaviors, how to determine the root cause of a behavior, and how the activity professional can use various programs to impact the lives of residents, and the facilities culture.

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**How to Start a Consulting Business**<br>
Presented by John Collins, CTRS, ACC/EDU

Starting a Consulting Business will take participants through the necessary steps to start a business. This educational session will give the potential consultant an idea of various things to look for when starting your own business. Tools will be shared to help your transition into your consulting business more successful. This session will definitely be beneficial for all professionals who are starting or who already have a consulting business.
Friday, June 22, 2018

4:00pm - 5:30 pm
CONCURRENT SESSIONS:

Generation Boom
Presented by Alisa Tagg, BA ACC/EDU AC-BC CADDCT CDP
Boom The activity professional will learn more about the evolving health care populations and what options are available for today’s seniors. While we may be tempted in despair thinking, “Did I sign up for this?” as activity professionals, we are qualified by way of our empathy, creativity, and person-centered approaches to make a positive impact on the care of the short-term rehab population.

Cognitive Programming and Memory Care
Presented by Lisa Sittnewski
Focusing on the memory care population, this session will look at the importance of cognitive programming as well as the research that supports it. You will learn that cognitive programming includes much more than trivia, great benefits your residents and can be easily incorporated into your calendar.

7:30pm - 8:30pm
NCCAP and NAAP 2018 and Beyond
Presented by Alisa Tagg, ACC President of NAAP and Dawn Worsley ADC President of NCCAP
A roundtable discussion on important topics facing the activity profession, strategies to strengthen our profession and support our professionals to the educational needs of activity professionals, MEPAP Instructors and Consultants
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**Saturday, June 23, 2018**

8:00am - 9:30am
**Montessori Home Care with NCCAP and NAAP**
Presented by

In this session, we will discuss the home care industry and the impact it had on redesigning a required curriculum that focused on defining skill set of real-life strategies for the caregiver. The focus is on engaging a senior to promote their highest practicable well being.

9:45am - 11:15am
**Mentoring for The Busy Activity Professional: How to Lead with Love**
**Presented by Amy Laughlin, BA, AP-BC, ADC, CDP**

Regardless of job title, each of us is a “leader” with the opportunity to develop, encourage and coach our assistants, colleagues, volunteers, friends, even family members. This session will highlight the necessity for active and engaged leaders who have a passion for mentoring others and help participants understand that they do have the time and skills to Lead with L.O.V.E. Participants will learn the basics of the L.O.V.E. philosophy and will leave excited about applying it to relationships in both their personal and professional lives.

11:30am - 2:30pm
**A Dose of Engagement Goes A Long Way**
**Presented by Charles de Vilmorin**

Older adults living in senior care communities receive on average just 11 minutes of engagement daily. The quality of this engagement mainly consists of non-individualized activities like Bingo, Bible, and Birthdays. The changing needs and interests of each older adult aren’t respected, leading to poor care quality and the use of unnecessary and harmful drugs. Regulations are increasingly moving toward a person-centered perspective offering an opportunity for providers to help older adults live purposefully each day. Using therapeutic, innovative, non-drug engagement strategies that are digitized will ensure that each older adult is valued for their unique preferences and changing needs.
Hotel Accommodations

Holiday Inn Virginia Beach- Norfolk Hotel and Conference Center
5655 Greenwich Rd., Virginia Beach, Virginia, 23462 T: (757) 499 4400

$109.00 + tax per room, per night.

When making your reservation, ask for the NCCAP ROOM BLOCK.
(After May 20, 2018, the block is GONE! Higher room rates will apply)

Airport Shuttle and parking are free.

*Meals: There will be NO menu substitutions for lunch served during both days of the Symposium. Participants are welcome to bring their own lunch if special diet needs are required.*
Bring Your Families

As Virginia Beach is just 15 Minutes Away!
NCCAP SYMPOSIUM REGISTRATION
JUNE 21-23, 2018

Holiday Inn Virginia Beach - Norfolk Hotel and Conference Center
5655 Greenwich Rd., Virginia Beach, Virginia, 23462 T: (757) 499 4400

Last Name: ___________________________ First Name: ___________________________

Home address: ________________________________________________________________

City: ___________________________ State: _______ Zip Code: _______

Country: ___________________________ Phone: ___________________________

Email: ___________________________

CONFERENCE FEES

Full Registration postmarked by May 20, 2018 ............................................................ $249 per person
*The Full NCCAP Symposium Registration offers all educational sessions including the Intensives, vendor
display, opening reception, lunch both days and certificate of attendance* *

PAYMENT

ONLINE Pay online with NCCAP Symposium ExpoPass App, visit www.nccap.org/symposium

CHECK Mail a check or money order to: “NCCAP” 317 Office Square Lane, Suite 202A, Virginia Beach, VA 23462

CREDIT CARD Send us the following information:

Type of Card: Visa ___ MasterCard ___ AmEx ___ Discover ______

Last Name: ___________________________ First Name: ___________________________

Card Number: ___________________________ Exp/ Date: __________ CVV# ______

Credit Card billing address: _______________________________________________________

City: ___________________________ State: _______ Zip Code: _______ Country _______

Your Signature: ___________________________ Today’s Date: _______________________

Refund Policy: Refunds less a $40.00 processing fee can be refunded with written request PRIOR to May 20, 2018.
AFTER May 20, 2018, substitutions are permitted, however, no refund will be given (no exceptions).

REGISTRATION DEADLINE: MAY 20, 2018